

	Amount in Possession	Reserved for Personal Use	Reserved for Bartering
REAL ENERGY			
Electricity			
Batteries Of All Sizes			
AAA			
AA			
C			
D			
other:			
other:			
other:			
other:			
Electricity Producing Generators/Chargers			
Fuel Powered			
Solar			
Wind			
other:			
other:			
other:			
other:			
Fire			
Fire Starters			
Matches			
Lighters			
Flint & Steel			
other:			
other:			
Fuel Types			
Propane			
Butane			
Diesel			
Gas			
Charcoal			
Firewood			
other:			
other:			
other:			
other:			

	Amount in Possession	Reserved for Personal Use	Reserved for Bartering
Lantern			
Lantern Wicks			
Lantern Oil			
Lamps			
Lamp Wicks			
Lamp Oil			
Ammunition Reloading			
Primers			
Powder			
REAL FOOD			
Storable			
Drinking			
Water (Single Most Important Item)			
Juice			
other:			
other:			
Canned Goods			
Canned Meats			
Canned Vegetables			
Canned Fruits			
Canned Soups			
Condensed Milk			
other:			
other:			
other:			
Dehydrated Items			
Meats			
Vegetables			
Fruits			
Dehydrated Milk			
other:			
other:			
other:			
other:			
other:			
other:			

	Amount in Possession	Reserved for Personal Use	Reserved for Bartering
Seasoning Herbs			
Salt			
Pepper			
Garlic			
other:			
other:			
other:			
other:			
other:			
other:			
other:			
Flours			
Wheat			
Rice			
Almond			
other:			
other:			
other:			
other:			
Nuts			
Peanut			
Walnut			
Almond			
other:			
other:			
other:			
Grains			
Oats			
Brown Rice			
Wheat			
Corn			
White Rice (little nutritional value)			
other:			
other:			
other:			
other:			
other:			

	Amount in Possession	Reserved for Personal Use	Reserved for Bartering
Beans			
Butter Bean			
Rio Zape Bean			
Pinto			
Black			
other:			
other:			
other:			
Lentils			
Brown Lentils			
Green Lentils			
other:			
other:			
Sweetening Agent			
Sugar			
Honey			
Syrups			
other:			
other:			
Vinegar			
White Vinegar			
Cider Vinegar			
other:			
Additional Items			
Pasta			
Peanut Butter			
Pop Corn			
Potatoes			
Vegetable Oil			
Yeast			
Cheese			
other:			
other:			
other:			
other:			
other:			
other:			
other:			

	Amount in Possession	Reserved for Personal Use	Reserved for Bartering
Renewable			
Treatable Water			
Pond/Lake			
Rain Collection			
other:			
other:			
Non Genetically Modified Seeds (Gardening)			
type:			
type:			
type:			
type:			
type:			
type:			
type:			
type:			
type:			
type:			
type:			
type:			
type:			
Chickens and Other Fowl			
Eggs			
Meat			
Cows, Goats and Sheep			
Milk			
Meat			
Rabbits (Meat)			
REAL MONEY			
Currencies (Doesn't have to be your own)			
US Dollar			
Mexican Peso			
Japanese Yen			
other:			
other:			
other:			
other:			

	Amount in Possession	Reserved for Personal Use	Reserved for Bartering
Precious Metals			
Gold			
Silver			
Platinum			
Copper			
other:			
other:			
other:			
Precious Stones			
Diamond			
Ruby			
other:			
other:			
other:			
REAL NEEDS			
Clothing			
Socks			
Underwear			
Shirts			
Pants			
Rain Gear			
Work Wear			
Gloves			
Hats			
Neckerchiefs			
Boots			
other:			
other:			
other:			
other:			
other:			
other:			
other:			
other:			
other:			
other:			

	Amount in Possession	Reserved for Personal Use	Reserved for Bartering
Sleeping			
Sleeping Bags			
Blankets			
Pillows			
Mats			
Cots			
Inflatable Mattresses			
other:			
other:			
other:			
Hygiene			
Shampoo			
Soap			
Shaving			
Toothbrushes			
Toothpaste			
Floss			
Toilet Paper			
Feminine Products			
Baby Products (i.e. Diapers, Wipes, Ointments)			
Paper Towels			
Bleach			
Hand Sanitizer			
Laundry Detergent			
other:			
other:			
other:			
other:			
other:			
Cooking			
Camp Stove			
Solar Oven			
Charcoal Grill			
Cast Iron Cookware			
Cooking Utensils			
Eating Dishes			
Eating Utensils			
Hand Can Openers			

	Amount in Possession	Reserved for Personal Use	Reserved for Bartering
Medical			
Disinfectants			
Iodine			
Rubbing Alcohol			
Hydrogen Peroxide			
other:			
other:			
other:			
other:			
Drugs			
Antidiarrheal			
Antiseptics			
Antihistamines			
Fever Reducers			
Laxatives			
Pain Reducers			
other:			
other:			
other:			
other:			
other:			
other:			
other:			
other:			
Natural Alternative Drugs			
Chamomile (anti-inflammatory)			
Cinnamon (blood purification, circulation, sugar control with type 2 diabetes, anti-clotting and it is an anti-microbial, anti-viral, anti-fungal and anti-bacterial. It is also said to be able to stop wounds that are actively bleeding)			
Eucalyptus (fever, cough laryngitis, sinusitis, pain and common cold reducer **Do NOT use orally)			
Lavender (soothes and helps heal minor burn or insect bite)			
Lemon (natural cleanser)			

	Amount in Possession	Reserved for Personal Use	Reserved for Bartering
Oregano (extremely powerful and versatile antiseptic)			
Peppermint (antidiarrheal)			
Sandalwood (hydrating skin and when added to vaporizer it helps chest infections)			
Spearmint (antiseptic and stimulates the blood circulation which boots immune system)			
Tea Tree (antiseptic and antifungal)			
other:			
other:			
other:			
other:			
other:			
Additional Items			
Sterile Gloves			
Goggles			
Sterile Masks			
Thermometer			
Sterile Bandages			
Super Glue (last resort)			
Tuning Fork (locating brakes in bones)			
Suturing Items (sewing up wounds)			
CPR Barrier Mask			
Tweezers			
Duct Tape			
other:			
other:			
other:			
other:			
other:			
other:			
Gardening			
Shovels			
Rakes			
Hoes			
Wheelbarrows			
Water Distribution (i.e. Hose, Bucket, Watering Can)			

	Amount in Possession	Reserved for Personal Use	Reserved for Bartering
Repairing and Prepping Tools			
Ax			
Wedges (For Splitting Wood)			
Saws			
Pump Repair Kit			
Duct Tape			
Knife Sharpening Tools			
Scissors			
Sewing Supplies			
Other Suggested Items			
Bicycles			
Hand Pumps (One For Water, One For Fuel)			
Crank Radios			
Disposable Camera			
Insulated Ice Chests			
Guns and Ammunition (Self Defense and Hunting)			
Ammo Reloading Station			
Bow and Arrow			
Food Grade Water Containers			
Gasoline Storage Containers			
Water Filters/Purifiers/Tablets			
Wagons/Carts			
Tent			
Waterproof Tarp			
Strong Rope			
Pocket Knife			
Skinning Knife			
Fillet Knife			
Fishing Gear			
Large Dogs (Security)			
Backpacks/Duffle Bags			
Flashlights, Lanterns, Candles, Oil Lamps			
other:			
other:			
other:			
other:			
other:			
other:			